

Frozen Goods

We stock over 1000 great Frozen products ranging from Meat, Poultry, Fish, Vegetarian meals, diced and sliced Vegetables, pre-portioned Ready-Made meals, Cakes and Desserts. Our range is widely diverse and offers fantastic menu inspiration for any catering environment. We list products from branded manufactures such as Whitby Seafoods, Birdseye, Crown Foods, Linda McCartney, KK Fine Foods, Chicago Town, Vittles, Ministry of Cake and Lamb & Weston.



Fish & Seafood



Coated Fish

205	Battered Whitefish (5-6oz)	24 x 140-170g
270	Battered Haddock Fillets (8-10oz)	15 x 230-280g
336	Whitby Battered Cod Fillets (5-6oz)	24 x 140-170g
337	Whitby Battered Cod Fillets (6-7oz)	18 x 170-200g
340	Battered Whitefish Fillet Portion (3-4oz)	30 x 85-110g
059	Vinegar Infused Pollock Fillet	83 x 60g
132	Salt & Vinegar Tempura Fish Goujons 16g	5 x 1 Kg
286	Breaded Whitefish (3 way cook) (4-5oz)	24 x 113-140g
330	Breaded Plaice Fillets (6-7oz)	18 x 170-200g
365	Breaded Cod Burger (square)	30 x 100g
377	Breaded Salmon Fillet Portions	40 x 57g
378	Breaded Whitefish Fillet Bites 20g	1 x 3 Kg
417	Breaded Whitefish (6-7oz)	18 x 170-200g
1022	Breaded Cod (5-6oz)	24 x 140-170g
228	Whitby Scampi Resolution (25-30 per bag)	10 x 450g
393	Breaded Plaice Goujons	5 x 1 Kg
446	Breaded Butterfly King Prawns	1 x 500g

welcome to
WHITBY

A Proper
Yorkshire
treat



Serve our succulent
Whole British Langoustines
and get a FREE swing board
email info@whitby-seafoods.com
or phone 0800 7316596

01691 668004

Fishcakes & Fish Fingers

056	Smoked Haddock & Spring Onion Fishcake	20 x 90g
1042	Tuna & Mozzarella Fishcake	24 x 100g
206	Orange Crumb Whitefish Fishcake	24 x 113g
512	Tempura Salmon & Sweet Potato Fishcake	60 x 57g
613	Whitefish Fishcakes	36 x 85g
394	Birdseye Omega 3 Fish Fingers	60 x 28g
1019	Ultimate Fish Finger (gluten free)	120 x 30g
1024	Breaded Whitefish Fish Finger	60 x 25g

Prawns

134	Cooked Tail On King Prawn (31-40 count)	1 x 908g
138	Raw King Prawn (21-25 count)	10 x 1 Kg
140	North Atlantic Prawns (150-200 count)	5 x 2 Kg
141	Raw King Prawn (16-20 per bag)	10 x 1 Kg

Fish

126	Salmon Portions (6-7oz)	10 x 170-200g
211	Plaice Fillets (8-10oz)	15 x 230g-280g
268	Sea Bass Fillets (boned) 110-140g (4-5oz)	1 x 1 Kg
283	Smoked Haddock Fillets 230-280g (8-10oz)	1 x 3.18 Kg
172	Cod Loins 200-230g (7-8oz)	1 x 4.54 Kg
429	Salmon Portions (5-6oz)	10 x 140-170g
430	Diced Salmon	10 x 1 Kg
610	Smoked Mackerel Fillets	30 x 100-150g
032	Crab Meat (50/50)	20 x 454g
317	Fish Pie Mix	1 x 4.54 Kg

Fish Fillets Skinless & Boneless

122	Cod Fillets (10-12oz)	15 x 280g-340g
238	Haddock Fillets (8-10oz)	15 x 230g-280g
265	Haddock Fillets (10-12oz)	15 x 280-340g
280	Cod Fillets (16-32oz) 454-960g	1 x 6.8 Kg
285	Haddock Fillets (6-7oz)	18 x 170-200g
341	Pollock Fillets (5-7oz) 142-198g	1 x 4.54 Kg
800	Cod Fillets (6-7oz)	20 x 170-200g





Simply does it...

For innovative & high quality products at the right price

Code: 512



**Served in
millions
of meals**

MSC Tempura Battered
Salmon & Sweet Potato
Fishcake, 57g, IQF

To make life easy for busy kitchens

and exciting for hungry diners, choose *Simply* -
the award winning range of frozen food from Crown Foods.

Great for adults & children, and with proven
success on school, pub, healthcare and
out-of-home menus - frozen, portion control,
IQF, whole fillet, high welfare, sustainable and
flexibility are key components to our range!

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



This product comes from a fishery that has
been independently certified to the MSC
standard for a well-managed and
sustainable fishery www.msc.org MSC-C-50667

Code: 059



MSC Vinegar Infused
Tempura Pollock
Fillet, 60g, IQF

Code: 019



Not Fried Southern
Style Chicken Breast
Fillet, 85g, IQF

Code: 173



Free Range Frozen
Folded Omelette,
50g, IQF

Code: 132



MSC Vinegar Infused
Tempura Pollock
Fillet Goujons, 16g, IQF



www.crownfoods.co.uk

Poultry



Coated Poultry

078	Battered Chicken Fillet Bites 16-22g	10 x 1 Kg
180	Battered Chicken Bites (non palm oil)	10 x 1 Kg
399	Whole Muscle Battered Chicken Fillet 85g	3 x 1 Kg
029	Breaded Chicken Fillet 110-130g	10 x 1 Kg
039	Breaded Crispy Chicken Mini 'Zinger' Fillets	10 x 1 Kg
043	Crispy Breaded Chicken Fillets 60g	10 x 1 Kg
058	Chicken Breast Fillet	48 x 110-120g
090	Lemon & Pepper Turkey Escalope	20 x 142g
095	Turkey Dinosaurs	2 x 1 Kg
1072	Chicken Goujons 40-45g	10 x 1 Kg
029	Breaded Chicken Breast Fillet	48 x 115g
114	Breaded Chicken Goujon 40-50g	10 x 1 Kg
157	Golden Chicken Nuggets	6 x 1 Kg
166	Southern Style Chicken Epic 100g	10 x 1 Kg
254	Theo's Premium Chicken Burger 100g	1 x 48
050	Popcorn Chicken 10-12g	4 x 2.5 Kg
646	Breaded Chicken Kiev (formed)	80 x 113-124g

Non Fry Poultry

1029	Tandoori Poppadom Chicken Fillet	30 x 80g
513	Breaded Chicken Fillet Chunks 17g	2 x 2.5 Kg

Raw Poultry

106	Chicken Breast Fillets 200-220g	1 x 10 Kg
109	Chicken Breast Fillets 110-130g	1 x 10 Kg
116	Piri Piri Whole Boneless Chicken Thighs	2 x 2.25 Kg
117	Original Whole Boneless Chicken Thighs	2 x 2.25 Kg
136	BBQ Whole Boneless Chicken Thighs	2 x 2.25 Kg
220	Smoky BBQ Sliced Chicken	2 x 2.25 Kg
223	Original Sliced Chicken	2 x 2.25 Kg
224	Tikka Whole Boneless Chicken Thighs	2 x 2.25 Kg
232	Mexican Sliced Chicken	2 x 2.25 Kg
239	Non Coloured Chicken Tikka Sliced	2 x 2.25 Kg
240	Non Coloured Chicken Tandoori Sliced	2 x 2.25 Kg
241	Posh Dogs Piri Piri Chicken Sausage	2 x 2.25 Kg
242	Posh Dogs BBQ Chicken Sausage	2 x 2.25 Kg
243	Piri Piri Chicken Sliced	2 x 2.25 Kg
249	Chinese Sliced Chicken	2 x 2.25 Kg
251	Chicken Kofta 60g	4 x 10 x 40
252	Premium Chicken Goujon 50g	2 x 2.25 Kg
253	Chicken Brochettes 80g	4 x 10 x 40
264	Plain Sliced Chicken Thigh	2 x 2.25 Kg
266	Chicken Pattie 85g	16 x 1 Kg
637	Free Flow Diced Chicken	12 x 1 Kg
670	BBQ Marinated Chicken Fillets	5 x 20 x 117g
031	Barbary Duck Breast Fillets 280-330g	1 x 2



Cooked Poultry

008	Chicken Halves (14-16oz)	20 x 397-454g
009	Chicken Drumsticks 85-110g	4 x 2.5 Kg
012	Sliced Chicken Breast 5mm	4 x 2.5 Kg
015	Chicken Breast Strips 12mm	4 x 2.5 Kg
016	Chicken Meat Diced 12mm	4 x 2.5 Kg
019	Non Fried SFC Chicken Fillet	60 x 85g
020	Roast Chicken Fillets 50g	2 x 2.5 Kg
021	Chicken Breast	80 x 60g
022	Roast Chicken Breast (skinless) 80g	4 x 2.5 Kg
026	Chicken Breast (9-11oz)	32 x 255-312g
041	Diced Chicken Breast Red Tractor	2 x 2.5 Kg
048	Roast Turkey Breast Sliced	1 x 500g
050	Popcorn Chicken (10-12g)	4 x 2.5 Kg
388	BBQ Chicken Wings	12 x 1 Kg
395	Plain Chicken Wings	6 x 1 Kg
398	Piri Piri Sticky Chicken Wings	6 x 1 Kg
066	Roast & Plain Chicken Kebabs	2 x 20 x 100g

Bacon, Sausage & Meat

Bacon, Sausages & Burgers

002	Welsh Black Beef Burgers (6oz)	12 x 160g
005	Rindless Back Bacon	4 x 2.27 Kg
073	Rindless Thick Cut Back Bacon	4 x 2.27 Kg
131	Welsh Bros Champer Burger (6oz)	24 x 170g
149	Cumberland Sausage Rings (8oz)	20 x 230g
155	Pigs in Blankets 2.5 Kg	1 x 100
156	Chipolata Sausage 32's	1 x 4.54 Kg
193	Beef Burgers (2oz)	48 x 56g
194	Texas Beef Burgers (4oz)	48 x 113g
054	Blakeman's Premium Pork Sausage 12's	1 x 4.54 Kg
311	Blakeman's Pork & Leek Sausage 12's	1 x 4.54 Kg
313	Blakeman's Premium Pork Sausage 8's	1 x 4.54 Kg
332	Welsh Pork Sausage 12's	1 x 4.54 Kg
335	Blakeman's Jumbo Pork Sausage 4's	1 x 4.54 Kg
500	Welsh Beef Burgers (2oz)	48 x 48g

Raw Meat

030	Raw Duck Legs 330-380g (12-14oz)	1 x 10 Kg
632	Free Flow Minced Beef	12 x 1 Kg
633	Free Flow Minced Lamb	12 x 1 Kg
635	Free Flow Diced Beef	12 x 1 Kg
504	Lamb Kofta	60 x 30g



**Red Tractor
Assurance**





Good
Morning!

Good
Afternoon!



Good
Evening!

The Supreme Sausage
www.blakemans.co.uk

Cooked Meat



Cooked Meat

049	Roast Beef Silverside Sliced	1 x 500g
053	Wessex Natural Wiltshire Sliced Ham	1 x 500g
1075	Chinese Pork Ribs in Sauce	12 x 500g
1079	Pulled Pork in BBQ Sauce	20 x 500g
1101	Pulled Beef in BBQ Sauce	24 x 250g
309	Full Rack Pork Ribs in BBQ Sauce	20 x 435g
338	Sliced Beef in Gravy	10 x 1 Kg
343	Sliced Chicken in Gravy	10 x 1 Kg
348	Sliced Pork Loin in Gravy	10 x 1 Kg
237	Roast Half Aromatic Ducks (600-650g)	1 x 12
1092	Great British Beef Meatballs (Red Tractor)	150 x 20g
118	Blakeman's Italian Style Polpetta Meatballs	10 x 1 Kg
605	Gold Label Black Pudding Sticks	1 x 1.36 Kg





Welsh Bros Foods Ltd

supply a full range of meat, and meat products to
The Little Food Company Ltd



Welsh Brothers was formed as a family butcher in 1964 by George Welsh in Cardiff, Wales. The shop was well supported by the local residents and within a few years the business expanded and another shop was opened nearby.

The business model moved from high street butchers to catering butchers and we then began to supply restaurants and pubs. This diversification was expanded further, with the catering side of the business relocating to a larger unit in Cardiff in the following years.

As the company grew, we were awarded our first local authority contract for Cardiff. This contract was specifically for School and Care Home deliveries. From there we've grown into a well respected local business with a passion for quality products and great customer service. We now reside in a large commercial factory in Newport where all our butchery and manufacturing is done and also where our fleet of 9 vehicles operate on a daily basis.

Today in 2015, we supply several local authorities, which include Schools and Care Homes, many Hotels, Restaurants and canteens in our delivery area, which has expanded to cover the whole of South Wales, The West of England, and parts of the West Midlands.

Vegetarian & Pâté



Vegetarian

439	Mediterranean Wellington	12 x 226g
793	Brie, Cranberry & Mushroom Wellington	12 x 215g
572	Mediterranean Vegetable Lasagne	4 x 1.7 Kg
1052	Non Fried Cheese & Vegetable Bake	40 x 50g
515	Linda McCartney Veggie Mince	10 x 1 Kg
130	Linda McCartney Veggie Sausage	40 x 50g
143	Supreme Spicy Vegetable Burger	48 x 95g
522	Quorn Pieces	1 x 1 Kg
1061	Quorn Dippers	5 x 2 Kg
667	Quorn Tikka Pastie	50 x 85g
113	Plain Omelette	24 x 100g
447	Vegetable Dimsum	4 x 1 x 100
482	Vegetable Nuggets	1 x 2 Kg
1076	Indian Vegetarian Snack Selection (60 box)	3 x 2 0
440	Vegetarian 'Money Bags'	40 x 20g



Patchwork
Pâté AND OTHER
YUMMY STUFF

Patchwork Pâté

506	Old Tom Original Pate	1 x 455g
546	Mushroom & Garlic Pate	1 x 455g



Buffet Selection & Quiche

Buffet Selection

1076	Indian Vegetarian Snack Selection (60 box)	3 x 20
168	Vegetable Dimsum Selection	1 x 48
169	Mini Vegetable Samosa	50 x 15g
218	Jus Rol Catering Sausage Roll 3"	72 x 40g
440	Vegetarian 'Money Bags'	40 x 20g
458	Sesame Prawn Toast	10 x 36
486	Pre-Fry Vegetable Spring Roll	80 x 20g
488	Duck Spring Rolls (648g)	36 x 18g
489	Buffet Vegetable Spring Roll	50 x 15g
827	Vegetable Pakora	100 x 22g
829	Chicken Tikka Samosa	50 x 30g
830	Daloon Onion Bhajis	50 x 35g
837	Wrights Fully Baked Dinky Pork Pies	1 x 64



Quiche

200	Luxury Ham, Leek & Cheese Quiche 11"	1 x 12 ptn
372	Premium Quiche Lorraine	1 x 12 ptn
373	Premium Spanish Vegetable Quiche	1 x 12 ptn
374	Premium Broccoli & Stilton Quiche	1 x 12 ptn
375	Premium Tomato & Herb Quiche	1 x 12 ptn
407	Premium Cheese & Onion Quiche	1 x 12 ptn



THE VERY BEST OF PATCHWORK PÂTÉ

We at Patchwork have been making pâté by hand in North Wales for over 30 years. With countless awards under our belt our mouth-watering ambient range appeals to every taste, with a wide range of pâtés, hummus, chutney and delicious biscuits, you're bound to find something you love. They form just a small part of our yummy range of products.

 @patchworkfoods  /patchworkfoods

www.patchwork-pate.co.uk





FINE FOODS PLC

Passion, the most important ingredient of all
...and we've got lots of it

We are KK. The Food Company.

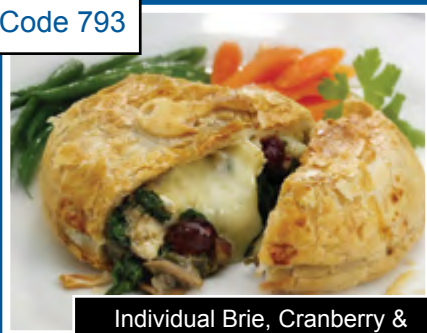
Where quality
& innovation
count



Code 572

Mediterranean
Vegetable Lasagne

Code 793



Individual Brie, Cranberry &
Mushroom Wellington

Code 575



Individual Beef Lasagne

Code 439



Individual Mediterranean
Wellington



Place your orders with The Little Food Company Ltd. Telephone 01691 668004



Inspirational PASTRY PRODUCTS FOR PROFESSIONALS



Passion fruit Cheesecake using
Jus-Rol™ Sweet Shortcrust Pastry*

Courgette, Basil and Goats Cheese Rustic
Tarts using Jus-Rol™ Shortcrust Pastry*

**Contact your
Account Manager
to find out further
information**

Here at Jus-Rol™ Professional we have had over sixty years of expertise supplying the Foodservice and Bakery industries. Our range of pastry products have been developed and perfected to ensure that we provide you with only the most delicious, easy-to-use pastry. The ideal base for your creativity, our range of ingredient pastry is suitable for vegetarians and delivers consistency and convenience to you and great taste to your customers.

For inspiring recipe ideas visit ...
www.jusrolprofessional.co.uk

* Serving Suggestions

Pies, Pasties & Pastry



Lewis Pies & Pastry

1056	Traditional Minced Beef & Vegetable Pasty	25 x 130g
289	Cheesy Bean & Sausage Slice	24 x 140g
300	Peppered Steak Slice	24 x 140g
303	Cheese & Onion Slice	24 x 140g
305	Turkey & Cranberry Slice	24 x 140g
306	Turkey Slice	24 x 140g
307	Turkey Curry Slice	24 x 140g
308	Turkey & Stuffing Sausage Roll	50 x 105g

Pukka Pies

452	Steak & Kidney Pie	12 x 183g
453	Chicken & Mushroom Pie	12 x 188g
454	Beef & Onion Pie	12 x 188g
455	Potato, Cheese & Onion Pastie	12 x 158g
456	Jumbo Sausage Roll	12 x 164g
463	Jumbo Stand Up Pastie	12 x 213g
465	Jumbo Steak & Kidney Pie	12 x 238g

PUKKA-PIES
...don't compromise

ESTD 1984
JUS-ROL
PASTRY TO BE PROUD OF

Pies, Pasties & Pastry

370	Premium Steak & Guinness Pie (2 Kg)	1 x 8 ptn
371	Premium Steak & Kidney Pie (2 Kg)	1 x 8 ptn
667	Quorn Tikka Pastie	50 x 85g
668	Chicken Tikka Pastie	50 x 85g
669	Traditional Cornish Pastie	50 x 85g
838	Wrights Unbaked Sausage Rolls 6"	1 x 66
1089	Jus Rol Puff Pastry Sheets 23"x15"	1 x 12
244	Jus Rol Puff Pastry Block	4 x 1.5 Kg
246	Jus Rol Shortcrust Pastry Sheets 19"x 13"	1 x 10
247	Jus Rol Oval Puff Pastry Lids 60g 6" x 4"	1 x 96
507	Jus Rol Reduced Fat Puff Pastry Sheet 500g	1 x 12





**SATISFY
YOUR
CRAVING**

SPOIL YOURSELF, PEPPERED STEAK SLICE

PRODUCT CODE: 300

CASE SIZE: 24 X 140G

PLACE YOUR ORDERS WITH THE LITTLE FOOD COMPANY ON 01691 668004

Morning Goods

Morning Goods

100	Maxi Croissants	30 x 80g
101	Pain Au Chocolat	40 x 65g
1071	Round Crumpets	96 x 46g
1144	Hot Cross Buns	48 x 70g
178	Teacakes 5"	1 x 48
444	Bagel Nash Sliced Bagels	30 x 85g
450	Bagel Nash Plain Bagels	48 x 85g
951	English Breakfast Muffins	48 x 72g
293	Mini Danish Selection 25-30g	3 x 75

Sweet Breads

567	Brioche Bun 4.5"	48 x 70g
151	Sweet Finger Roll for Icing 6.5"	1 x 48
991	Belgian Waffles	20 x 90g
992	Belgian Waffles	60 x 55g



Delicious BAKED GOODS



At Speedibake we're really passionate about baking. Our two Yorkshire bakeries produce an extensive range of delicious frozen bakery items which include muffins, garlic bread and filled doughnuts.

We're sure to have something your customers will love...



T: 01924 231 900
E: info@speedibake.co.uk



Reduced Fat & Supreme Doughnuts & Cookies

- A better-for-you doughnut, over 40% less fat and 45% less saturated fat than a regular doughnut
- School compliant
- No artificial colours, flavours or preservatives
- Free mini doughnut bags in every case, to help communicate the benefits at point of sale
- Delicious American style soft & chewy cookie
- Convenient - simply bake from frozen
- Minimal risk of wastage - bake regularly throughout the day
- Clear profit potential



Code	Product Description	Size
1017	Reduced Fat Sugared Doughnut	48x51g
1018	Reduced Fat Cocoa Doughnut	48x56g
104	Milk Chocolate Supreme Cookie	90x50g



Freephone: 0800 783 4697

Muffins & Pastries

Muffins & Pastries

104	Chocolate Chip Cookie Puck	90 x 50g
362	Wrapped Jumbo Blueberry Muffins	24 x 113g
701	White Chocolate & Raspberry Muffins	1 x 56
783	Mini Chocolate Chip Muffins	1 x 96
938	Double Chocolate Muffins	24 x 113g
942	Mini Chocolate Muffins	72 x 30g
1012	Double Chocolate Jumbo Muffins	1 x 24
1013	Blueberry Tulip Muffins	1 x 70
1017	Reduced Fat Sugar Ring Donuts	1 x 48
1018	Reduced Fat Chocolate Ring Donuts	1 x 48
702	Wrights Fully Baked Custard Slices	1 x 24
705	Wrights Fully Baked Sultana Scones	36 x 90g
821	Wrights Mini Cake Assortment	1 x 40
828	Wrights Fully Baked Jam Ball Donuts	1 x 36
836	Wrights Unbaked Small Egg Custards	1 x 60



BURSTING
WITH
Sainsbury's

Wrights

Bread, Tortilla & Naan

Part Baked Bread

081	Panini	60 x 110g
082	Wholemeal Demi Baguette	50 x 140g
083	Ciabatta Sandwich Rustique	40 x 120g
085	White Petit Pain	100 x 55g
086	Parisian Baguette	1 x 20
089	Mediterranean Roll Selection	4 x 25 x 60g
097	Grillini	60 x 110g
080	White Demi Baguette	50 x 140g
099	Hotel Selection Rolls	3 x 40 x 35g
102	Mini White Rolls (bouchon)	150 x 35g
176	Rosemary & Sea Salt Focaccia (round)	48 x 110g
188	Large Garlic Ciabatta Slice	80 x 120g

Fully Baked Bread

087	Ciabatta Roll	48 x 110g
1005	Ciabatta Maltee Graines	75 x 100g
1088	Oval Seeded Bun 4"	1 x 48
092	Seeded Burger Bun 4"	1 x 48
127	Double Cut Burger Bun 4"	1 x 36
137	Soft Deli Roll 95g	1 x 48
159	Floured Bap 4"	1 x 48
175	Floured Bap 5"	1 x 48
202	Top Slice Hot Dog Rolls 6"	1 x 48
460	Express Baguette Sliced 145g	1 x 30
551	White Sliced Rustic Bun 5"	1 x 48
552	Sour Dough Sliced Bun 5"	1 x 48
568	Super Submarine Roll 12"	1 x 48
813	Mini French Baguettes	1 x 45



***ARTISAN BREADS & PASTRIES,
EXPERTLY PREPARED***



Garlic Bread • Danish Pastries • Special Breads • Sweet Tarts

Planète Pain

Pain & Viennoiserie de France

*If it's not French,
it's not a baguette!*

Code 082



Wholemeal Demi Baguette

Code 080



White Demi Baguette

Code 086



Parisian Baguette

Code 089



Mediterranean Roll Selection

Code 102



White Mini Rolls

Code 083



Ciabatta Sandwich Rustique

Are you ready to order?



4" Oval Seeded Bun

A fully baked, fully sliced white burger bun, oval in shape, topped with sesame seeds. Approximately 4 inches in length.

48 x 67g

Defrost for 60 Minutes



Large Soft Deli Roll

A fully baked, hinge sliced, soft white roll, approximately 190mm in length, topped with semolina dusting.

48 x 95g

Defrost for 60 Minutes

*Contact your Account Manager for more information,
or call 01276 850500*



www.americana.co.uk



Loaves, Pizza & Cheese

Loaves & Bloomers

091	Thick Cut White Sliced Loaves	8 x 800g
810	Thick Cut Wholemeal Sliced Loaves	8 x 800g
811	Thick Cut White Sliced Bloomer D-Tin	6 x 800g
812	Thick Cut Brown Sliced Bloomer D-Tin	6 x 800g

Pizza

150	Pizzini Calzone Cheese & Tomato	20 x 135g
161T	Wholemeal Rectangular Pizza Base 15" x 11"	1 x 12
164A	Thin & Crispy Pizza Base 30cm	1 x 20
325	Chicago Town Four Cheese Pizza 30cm	1 x 8
326	Chicago Town Classic Pepperoni Pizza 30cm	1 x 8
1037	Wholemeal Cheese & Tomato Pizza 11"x 15"	1 x 10
731	Plain Dough Balls (8-10g)	1 x 200

Tortilla & Naan Bread

1606	Mission Flour Tortilla Wraps (10")	1 x 72
1609	Mission Plain Flour Tortilla (8")	8 x 18
256	Theo's Folded Flat Bread	2 x 20
260	Theo's Mini Tear Drop Naan Bread	2 x 15
1065	Pitta Bread	1 x 72

Grated Cheese

599	Grated Mozzarella	6 x 2 Kg
600	Grated Mature White Cheddar	6 x 2 Kg
601	Grated White Cheddar & Mozzarella	6 x 2 Kg
602	Grated Mild White Cheddar	6 x 2 Kg
603	Grated Mild Coloured Cheddar	6 x 2 Kg

THE TAKEAWAY

STUFFED CRUST

CHICAGO TOWN™

TUCK IN

SLICES OF AWESOME

Potato Products



Potato Products

259	Large Oven Baked Jacket Potatoes (8-10oz)	1 x 35
508	Birdseye Mini Potato Waffles	10 x 768g

Aviko

037	Aviko Herby Diced Potato	4 x 2.5 Kg
064	Mash Potato Pellets	4 x 2.5 Kg
062	Freeze Chill Chips 9/16	4 x 2.5 Kg
063	Freeze Chill Chips Steakhouse	4 x 2.5 Kg
065	Freeze Chill Shoestring Chips	4 x 2.5 Kg
1077	Oven Chips	5 x 2.5 Kg
257	Classic Roast Potatoes	4 x 2.5 Kg
262	Plain Baked Potato Wedges	4 x 2.5 Kg
263	Spicy Baked Potato Wedges	4 x 2.5 Kg
491	Hash Rounds	4 x 2.5 Kg
492	Hash Browns	4 x 2.5 Kg
521	Sauté Potato	4 x 2.5 Kg



Lamb & Weston

034	Freeze Chill Steak Fries (18x18mm)	6 x 2.5 Kg
718	Seasoned Twister Curly Fries	4 x 2.5 Kg
518	Beer Battered Onion Rings	6 x 1 Kg

AVIKO POTATO PRODUCTS

Aviko 9/16
Herb Diced Potatoes
Hash Browns
Spicy Wedges
Sauté Potatoes
Battered Onion Rings



www.aviko.co.uk

 @AvikoUK



Share our passion for potatoes!



Over the years, *the family run business has developed* a wide selection of quality I.Q.F. frozen fruit & vegetables and with constant reinvestment is now the largest single site processor of vegetables in Europe.

For us the growing, processing and distribution of frozen vegetables is not just a job of work, its a way of life.

As increasingly costs are at the forefront of peoples minds, Individual Quickly Frozen vegetables offer a perfect way to control costs.

Compared to fresh, frozen can offer:

No costly and time wasting prepping of vegetables.

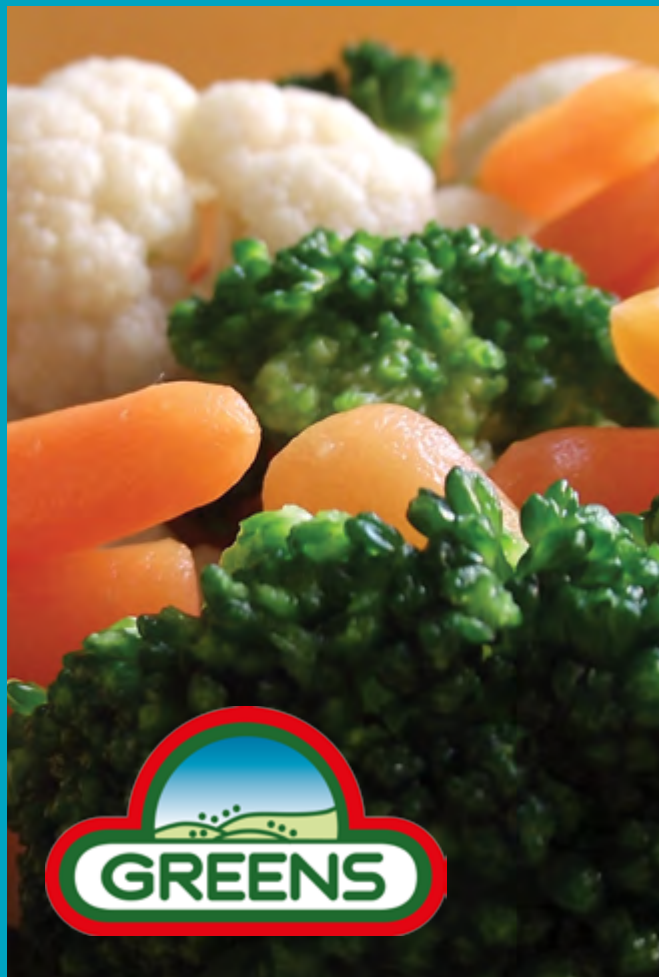
No seasonal variations, as we pick at the peak of quality, we can offer all year round quality.

Frozen vegetables lock the nutritional values at the point of freezing, unlike fresh that rapidly loses its values.



www.darta.com

Vegetables



Frozen Vegetables & Fruit

905	Cauliflower Florets (30-60mm)	4 x 2.5 Kg
906	Broccoli Florets (40-60mm)	4 x 2.5 Kg
928	Raspberries (IQF)	6 x 1 Kg
929	Mixed Summer Fruits (IQF)	5 x 1 Kg
1002	Broad Beans (144mm)	4 x 2.5 Kg
1003	Whole Green Beans (9mm)	10 x 1 Kg
1007	Leaf Spinach Portions 40g	4 x 2.5 Kg
663	Breaded Mushrooms	10 x 1 Kg
847	Honey Glazed Parsnips	10 x 1 Kg
895	Microwave Micro Rice Portions	36 x 200g
902	Cut Baby Carrots (6-14mm)	4 x 2.5 Kg
903	Baton Carrots (6 x 6mm)	10 x 1 Kg
904	Medium Brussel Sprouts (25-32)	4 x 2.5 Kg
910	Shredded Cabbage	10 x 1 Kg
912	Ratatouille	10 x 1 Kg
913	Oriental Mixed Vegetables	10 x 1 Kg
914	Diced Mixed Peppers (10 x 10mm)	10 x 1 Kg
915	Cut Leeks (15mm)	10 x 1 Kg
916	Sliced Green Beans	10 x 1 Kg
917	Diced Swede (10 x 10mm)	10 x 1 Kg
918	Sliced Courgettes (20-40mm)	10 x 1 Kg
919	Battered Onion Rings	20 x 450g
921	Sliced Mushrooms	4 x 2.5 Kg
926	Diced Onions 10mm	10 x 1 Kg
896	Petite Pois Peas	4 x 2.5 Kg
900	Choice Frozen Peas	4 x 2.5 Kg
901	Choice Frozen Peas	10 x 1 Kg
907	Sweetcorn Kernel	4 x 2.5 Kg
908	Mixed Vegetables	4 x 2.5 Kg
909	Farmhouse Mix Vegetables	10 x 1 Kg
920	Lockwoods Mushy Peas	12 x 1 Kg
923	Half Corn on the Cobs	10 x 1 Kg

Yorkshire Puddings

Yorkshire Puddings

470	6" Yorkshire Pudding	1 x 28
471	3" Yorkshire Pudding	1 x 60
472	4" Yorkshire Pudding	1 x 60



Cakes & Desserts

Vittles
desserts & cakes



Pre Portioned Cakes



Vittles
desserts & cakes



Victoria Sponge Cake

A traditional cake made using fresh eggs, butter, sugar and flour

Code: 356

Portion 1 x 14 ptn

Lemon & Lime Cheesecake

Tangy lemon and lime cheesecake topped with fresh cream

Code: 358

Portion 1 x 14 ptn



Strawberry Shortcake

Pastry base, strawberry mouse, and sponge decorated with strawberry shortbread biscuits and white chocolate

Code: 442

Portion 1 x 14 ptn



Irish Cream Torte

Caramel sponge swirl filled with fresh cream, coffee cream mouse layered with sponge soaked with Irish Liqueur

Code: 042

Portion 1 x 14 ptn

Pre Portioned Cakes



Apple & Blackberry Lattice

Pastry with an apple and blackberry filling, topped with a pastry lattice

Code: 1100

Portion 1 x 14 ptn



Triple Chocolate Fudge Cake

Three layers of moist chocolate cake sandwiched and topped with chocolate icing

Code: 384

Portion 1 x 14 ptn



Salted Caramel Cheesecake

A creamy cheesecake topped with salted caramel and chocolate truffles

Code: 368

Portion 1 x 12 ptn



Luxury Chocolate Fudge Cake

A delicious swirl of chocolate fudge icing over a light textured chocolate filled sponge

Code: 321

Portion 1 x 16 ptn

Whole Cakes & Desserts

Whole Cakes & Desserts

320	Chocolate Fudge Cake	1 x 16 ptn
485	Luxury Passion Cake	1 x 14 ptn
385	Lemon Meringue Pie	1 x 12 ptn
483	Lemon Tart	1 x 12 ptn
1025	Whole Coffee Mandarin Gateau	1 x 12 ptn
404	Whole Black forest Gateau	1 x 12 ptn
419	Whole Strawberry Gateau	1 x 12 ptn
484	New York Style Vanilla Cheesecake	1 x 14 ptn
1100	Apple & Blackberry Lattice	1 x 14 ptn
411	Deep Filled Apple Pie 10"	1 x 12 ptn



BECAUSE CAKE SHOULDN'T BE
TAKEN TOO SERIOUSLY



Fresh ideas from **MINISTRY
of CAKE**

Peck & Strong Cakes



Coffee Cake

10" round coffee sponge cake

Code: 564

Portion 1 x 16 ptn



Orange, Lemon & Lime Cake

10" round moist and tangy, as a great citrus cake should be

Gluten Free

Code: 585

Portion 1 x 16 ptn



Carrot Cake

10" round cake topped with cream cheese icing

Code: 563

Portion 1 x 16 ptn



Raspberry & Almond Frangipane

Made purely with butter and almonds

Code: 584

Portion 1 x 16 ptn

GREAT FLAVOUR!



It is everything to us. In fact **PECK & STRONG**, we use only top quality ingredients, no brought-in pre-mixes whatsoever, with Cooks, and minimal mechanisation, to make our products - so literally, made by hand.

The result is Cakes and Tray Bakes that not only taste great, with deep and pronounced flavours, but which have all the hall marks of being hand-produced, with the flourish that only an experienced Cook can deliver.

Peck & Strong Slices

Flapjacks & Shortbread

554	Rich Caramel Topped Flapjack	1 x 16 ptn
555	Yoghurt Top Apple & Blackcurrant Flapjack	1 x 16 ptn
556	Chocolate Brownie & Walnuts	1 x 16 ptn GF
557	Chocolate Brownie & Raspberries	1 x 16 ptn GF
558	Pure Butter Shortbread & Cherries	1 x 16 ptn
559	Luxury Chocolate Caramel Shortbread	1 x 16 ptn



Ice Cream & Lollies



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& CHOCOLATE AVAILABLE**

PACKED 4 LITRES



Scrumptious
**STRAWBERRY
FLAVOUR**
SOFT SCOOP ICE CREAM

★ FAMILY ICE CREAM MAKERS SINCE 1934 ★

Ice Cream

1027	Strawberry Ice Cream	6 x 1 x 4 Ltr
627	Vanilla Ice Cream	6 x 1 x 4 Ltr
628	Chocolate Ice Cream	6 x 1 x 4 Ltr

Gelato Gold

714	Gelato Madagascan Vanilla Dairy Ice Cream	2 x 5 Ltr
719	Gelato Chocolate Chunk Dairy Ice Cream	2 x 5 Ltr
778	Gelato Strawberry & Cream Dairy Ice Cream	2 x 5 Ltr



Frank's Ice Cream

524	Frank's Vanilla Ice Cream (insulated tub)	60 x 80ml
525	Frank's Strawberry Ice Cream (insulated tub)	60 x 80ml
526	Frank's Chocolate Ice Cream (insulated tub)	60 x 80ml

Lollies

840	Pure Fruit Orange Juice Lollies	24 x 80ml
841	Magico Lollies	36 x 60ml
842	Nobbly Bobbly	24 x 60ml
843	Lemonade Fizz Lollies	24 x 80ml
844	Strawberry Split Ice Lollies	4 x 80ml
846	Brainfreeze Raspberry & Blueberry Lollies	1 x 24

A winning taste your customers will love!



Frank's has again
won the coveted title
'Champion of Champions'
for 'Britain's best ice cream'
2014 & 2015

Try some Frank's today!



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